

SONORA ISD MIDDLE SCHOOL GRADES 7TH – 8TH

OCT

MENU 2023

BAT BRIDGE AUSTIN



ANNOUNCEMENTS

SALADS

**TUESDAY:
CHEF SALAD**

**THURSDAY:
CRISPY CHICKEN**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 PIZZA
SAVORY GREENS
FRESH CARROTS
COOKIE
APPLE SAUCE
MILK VARIETY

3 ASIAN MEATBALL / RICE
EGG ROLL
STEAMED BROCCOLI
CORN
MANDARIN ORANGE
MILK VARIETY

4 OVEN FRIED CHICKEN
ROLL
MASHED POTATOES
TOMATO CUP
FRUIT CUP
MILK VARIETY

5 CHICKEN QUESADILLA
SALSA, BEANS
CUCUMBERS
APRICOTS, ICE CREAM
MILK VARIETY

6 SPAGHETTI & MEATBALLS
BREADSTICK
FRESH VEGGIES
GARDEN SALAD
FRUITY GELATIN
MILK VARIETY

9 BBQ BOWL
(BBQ, BAKED POTATO, SHRED CHEESE)
ROLL
TOMATO CUP
FRUIT CUP
MILK VARIETY

10 CHICKEN NUGGETS
ROLL, GRAVY
MASHED POTATOES
OKRA
STRAWBERRIES
MILK VARIETY

11 PIZZA
GARDEN SALAD
SAVORY GREEN BEANS
SNOWBALL SALAD
MILK VARIETY

12 CHICK –N– PARMESAN SANDWICH
BAKED BEANS
FRESH CARROTS
TOMATO CUP
PEACHES, SHERBET
MILK VARIETY

13 RANCHERO WRAP
CORN
FRESH BROCCOLI
APPLE, COOKIE
MILK VARIETY

16 CHICKEN STRIPS
MAC & CHEESE
CALIFORNIA BLEND
FRESH CARROTS
FRESH FRUIT
MILK VARIETY

17 STEAK FINGERS
ROLLS, CORN
FRENCH FRIES
CUCUMBERS
PINEAPPLES & CHERRIES
COOKIE
MILK VARIETY

18 HB / CB
CHIPS
TOMATO CUP
GARDEN SALAD
PEAR CUP
MILK VARIETY

19 CHEESE ENCHILADAS
SALSA, CORN
REFRIED BEANS
SALAD GARNISH
MANDARIN ORANGES
PUDDING
MILK VARIETY

20 HOT ITALIAN SUB
FRENCH FRIES
FRESH VEGGIE CUP
APPLESAUCE
MILK VARIETY

23 CHEESY BREADSTICKS
MARINARA SAUCE
FRESH BROCCOLI
APPLESAUCE
MILK VARIETY

24 CHICKEN SPAGHETTI
BREADSTICK
GARDEN SALAD
TOMATO CUP
FRESH FRUIT
MILK VARIETY

25 NOON RELEASE
HAM & CHEESE SANDWICH
CHIPS
FRESH CARROTS
FRUIT CUP
MILK VARIETY

26 CHICKEN PARMESAN
(CHICKEN, SPAGHETTI)
ROLL, CORN
SAVORY GREEN BEANS
MIXED FRUIT
MILK VARIETY

27 CHICKEN WINGS
CHIPS
FRESH CELERY
FRESH CARROTS
PEACHES, SHERBET
MILK VARIETY

30 CORN DOG
TATER TOTS
TOMATO CUP
FRUIT CUP
MILK VARIETY

31 NACHOS GRANDE
SALSA, REFRIED BEANS
CUCUMBERS
APRICOTS, ICE CREAM
MILK VARIETY



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Food and Nutrition Division
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